



# Be Better Prepared for Emergencies!

Join us for our upcoming  
Basic Cardiac Life Support + AED Course

## Available course dates:

- Every first Sunday of the month from 8 December 2019
- 12 December 2019, Thursday
- 10 January 2020, Friday

*\*A minimum number of participants is required for each run to proceed*

## Course content:

- The Chain of Survival
- Adult One-Rescuer Cardiopulmonary Resuscitation (CPR) / Adult Two-Rescuer CPR
- Adult Foreign Body Airway Obstruction
- Guidelines for Proper Chest Compression
- Adult Recovery Position
- Child One-Rescuer CPR
- Child Foreign Body Airway Obstruction
- Infant One-Rescuer CPR
- Infant Foreign Body Airway Obstruction
- Application of Automated External Defibrillator (AED)\*

## CME points: 4

(Subject to Singapore Medical Council's approval)

## Course fees (before GST):

SMA Members – \$160

Singapore Dental Association Members/Staff of SMA Members – \$220

Non-SMA Members – \$250



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Please contact us at  
[cpr@sma.org.sg](mailto:cpr@sma.org.sg) for more  
information or scan the  
QR code to register.

*\*From 1 June 2019, in accordance with the Singapore Resuscitation and First Aid Council's protocol, all Basic Cardiac Life Support courses need to include the AED component as it will no longer be offered as a stand-alone topic*

