

HEALING HANDS AT HOME

BY AGENCY FOR INTEGRATED CARE



Tzu Chi Foundation's Home Care nurse Ms Selina helps Mr Koh to monitor his blood pressure.

As a general practitioner in the forefront of the primary care sector, you are in the best position to advise your patients and their family on home care services. You can work directly with the Agency for Integrated Care (AIC) to refer your patients for home care services.

When one is old, frail or requires some form of mobility assistance, tending to their everyday needs can be difficult. Home care, or having a home-based care plan tailored specifically to their medical, nursing and rehabilitative needs means that patients can enjoy greater independence, comfort, and a better quality of life.

Read on to find out how to assist your patients in finding the right services and providers.

Referral for Home Care services in 2 simple steps

01

NEEDS ASSESSMENT OF YOUR PATIENTS

Should your patients need home care services, you can help by filling up the *AIC Referral Form (Home-Based Services)* and provide details such as their medical history, current functional status and the procedure(s) required. For Home Therapy referrals, you will need to indicate if the patient is fit for rehabilitation.

02

PROCESSING OF APPLICATION BY AIC REFERRAL TEAM

The processing time, upon the team's receipt of the form, will depend on the complexity of the case. The referral team will contact the patient and family to review his/her condition and suitability for the recommended service(s), and recommend a suitable home care provider. The identified provider will contact them directly for the next course of action.

You may contact the Singapore Silver Line (SSL) helpline at 1800 650 6060 to request for a copy of the home care referral form and check on the referral outcome.

Financial support for patients

As the costs of long-term care can be high, there are several funds and subsidies that your patients can tap on for financial support:

- Caregivers Training Grant (CTG), for caregiver training courses
- Foreign Domestic Worker (FDW) Grant, for hiring a FDW to care for the patient
- Seniors' Mobility and Enabling Fund (SMF), for assistive devices, transport and home care consumables
- Enhancement for Active Seniors (EASE), for elder-friendly home improvements

Please visit www.silverpages.sg or contact the Singapore Silver Line helpline at 1800 650 6060 for more information on:

- Home care services
- How your patients can apply for government subsidies via mean-test
- Eligibility for financial assistance schemes



GPs Voice Out

Share with us how your patient has benefited from home care services. SMS your <NAME>, <MCR number>, <Your thoughts> by 15 September to AIC at **9125 4665** and receive a 2GB thumb drive/stylus pen!