

Relax, Refresh, and Recharge!

We invited women doctors and female medical students to share snapshots of how they unwind in their hours off duty. Here are some of the best photos. *Enjoy!*



Rushing for a dance performance right after my Objectively Structured Clinical Examinations.
– Audrey Han, fifth year student, Yong Loo Lin School of Medicine, National University of Singapore



On top of the world after leaping 12,000 feet off a plane – the most amazing experience ever!
– Dr Ginny Quek, house officer, Department of General Medicine, Changi General Hospital



Touring Perth, Australia and enjoying the beaches there.

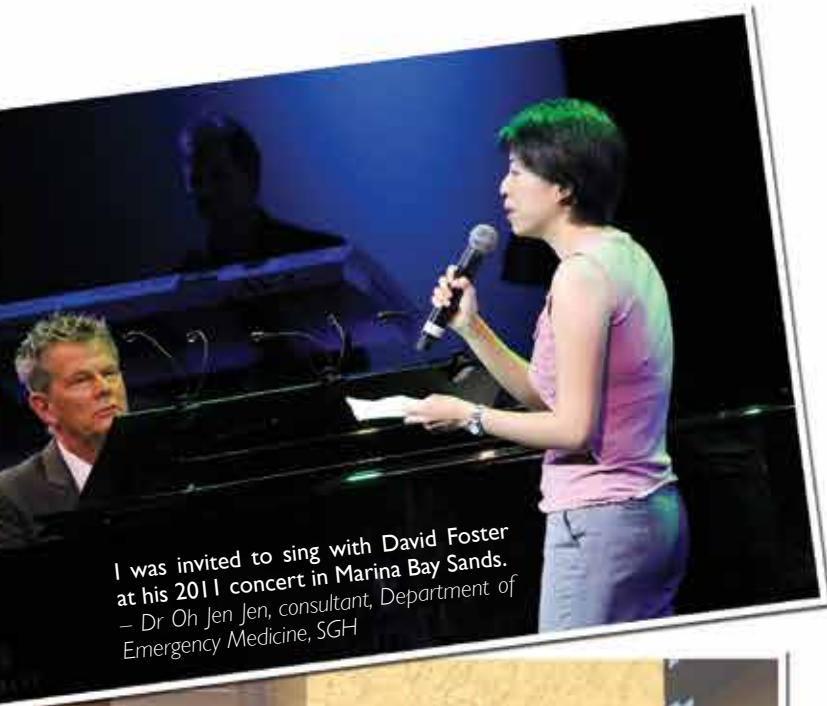
– Dr Sy Li Lin, medical officer, Department of Psychiatry, SGH



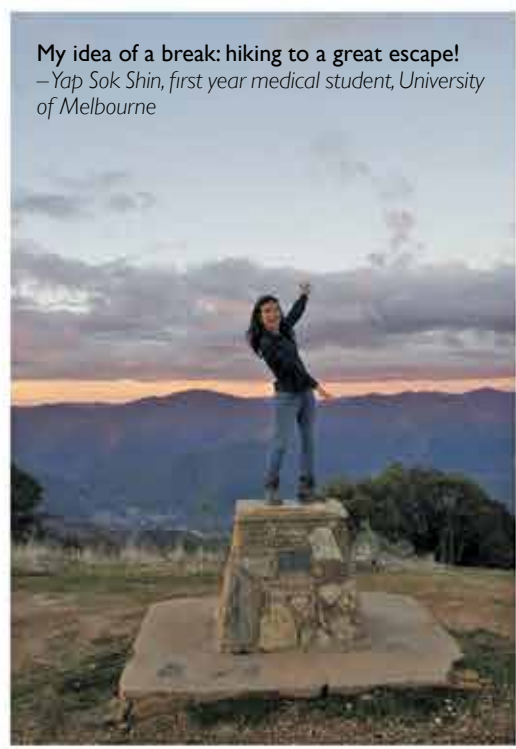
I love the sea and being in the water.

– Joan Huang, third year student, Duke-NUS Graduate Medical School

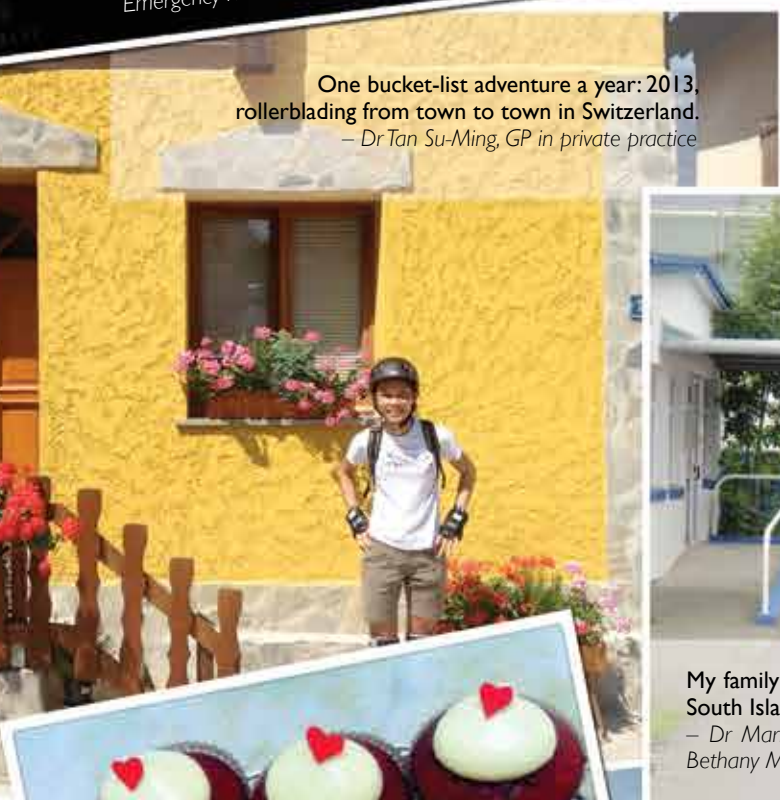




I was invited to sing with David Foster at his 2011 concert in Marina Bay Sands.
 – Dr Oh Jen Jen, consultant, Department of Emergency Medicine, SGH



My idea of a break: hiking to a great escape!
 – Yap Sok Shin, first year medical student, University of Melbourne



One bucket-list adventure a year: 2013, rollerblading from town to town in Switzerland.
 – Dr Tan Su-Ming, GP in private practice



My family and I went on a ten-day self-drive trip in South Island, New Zealand.
 – Dr Marie Stella P Cruz, consultant family physician, Bethany Methodist Nursing Home



I bake in my free time. Made these yummy red velvet cupcakes for my friends!
 – Dr Julia Yuen, Family Medicine resident with SingHealth, currently at Singapore General Hospital (SGH)



Enjoying the sunset in Santorini, Greece.
 – Dr Tay Siew Hua, resident physician, Children's Emergency, KK Women's and Children's Hospital