

ANNUAL REPORT 2019
SINGAPORE SOCIETY OF OPHTHALMOLOGY

Current Executive Committee (May 2018 till Present)

President: Adjunct A/Prof Lee Shu Yen

Secretary: Dr Gavin Tan

Treasurer: Assoc Prof Marcus Ang

Auditor: Dr Victor Koh

Members: Dr Wong Chee Wai
Dr Don Pek
Adj Assoc Prof Anna Tan

LIST OF EVENTS

a) Mobile Eye Clinic Project

SSO, together with SNEC, supported the SPECTacular Experience organised by People's Association at Potong Pasir Community Club on 14 July 2019. 115 needy elderly were screened for eye abnormalities and those who required spectacles prescription underwent subjective refraction by SNEC optometrists.

b) Activities Organised by SSO Young Ophthalmologist (YO) Chapter

34th Congress of Asia-Pacific Academy of Ophthalmology, 6 – 9 March 2019

The SSO Young Ophthalmologists (YOs) were certainly busy at the 2019 APAO Congress in Bangkok. First, we launched the inaugural APAO YO Lounge which hosted a series of activities including the Leadership Development Program Graduation, Women in Ophthalmology event and of course the YO Social programme which comprised Muay Thai, Thai desert making and the YO networking session.



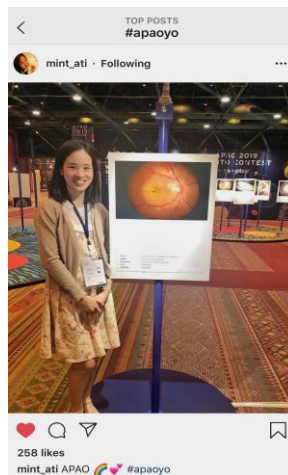
Caption: Dr SK Fang, Chair of APAO YO Committee, Dr Simon Fung, European Society of Ophthalmology YO Committee, Dr Diva Kant Misra, YOSI, Dr Grace Prakalapakorn, AAO YO Committee, Dr Marcus Ang, Secretary APAO YO Committee.

The YO symposium at the APAO congress provided younger ophthalmologists the opportunity to present talks on topics ranging from surgical pearls or tips on editing surgical videos to interesting projects that uses online apps for research. The speakers hailed from countries such as China, Taiwan, Japan, Australia, Thailand as well as renowned societies like American Academy of Ophthalmology, European Society of Ophthalmology, Young Ophthalmology Society of India and the Singapore Society of Ophthalmology YO Chapter. Two YOs were recognised for their outstanding contribution with YO Awards sponsored by the Singapore Society of Ophthalmology (SSO). It was heartening that the APAO YO Award was conferred to Dr Su Xinyi from NUHS (Singapore).



Caption: Dr Diva Kant Misra, YOSI; Dr Simon Fung, SOE; Dr Tai-chi Lin, Taiwan YO; Dr Grace Prakalapakorn, AAO; Dr Sophia Zagora, RANZCO; Dr Marcus Ang, APAO; Dr SK Fang, APAO; Dr Xinyi Su, SSO (YO Award); Dr Rina La Distia Nora, Indonesia (YO Award), Dr Naris Kitnarong, Thai Society; Dr Takenori Inomata, Japan YO; Dr Yuanbo Liang, China YO.

The attendance for several wetlab sessions led by YO instructors were overwhelming and the most exciting session amongst all was the inaugural session organised by the Asia-Pacific Glaucoma Society Minimally Invasive Glaucoma Surgery Interest Group.



Caption: Dr Chelvin Sng, led the wetlab sessions as Convener Asia Pacific Glaucoma Society Minimally Invasive Glaucoma Surgery Interest Group and Singapore Society of Ophthalmology YO Chapter (YO Awardee 2017). Winner of our first Instagram competition #apaoyo – @mint_ati Dr Atitaya Apivatthakakul, Thai YO.

In summary, it was certainly exciting to see YO stepping up as speakers, instructors and leaders at the conference, not just as participants – while still having time for fun, as our first ever YO #apaoyo Instagram winner @mint_ati from the Thai Society of Ophthalmology would testify!

Meet R1s Night, 5 July 2019

In mid-2019, the SSO YO Chapter welcomed a new batch of Year One Residents who joined the Ophthalmology community in Singapore.

**Meet R1s Night
(5 July 2019)**

- Introduce the junior to the YO society:
- An opportunity to get to know the peers, seniors and mentors
- Foster a sense of belonging, support and camaraderie among YOs
- *Strong advocate of healthy work-life balance*



Community Eye Screening Project

The SSO YO Chapter members also regularly volunteer for community work, such as the Mobile Eye Clinic Project that provides sustainable care for the under-privileged around Singapore. The project in 2019 was in collaboration with Essilor and Spectacular (PA) and brought free eye care, spectacles and cataract surgery to the needy beneficiaries.



4th Congress of Asean Ophthalmology Society Meeting, 7 – 8 November 2019

In Nov 2019, the 4th ASEAN Ophthalmology Society Meeting was held in Siem Reap, Cambodia. 15 oral presentation and 23 poster presentations competed for the top 2 best oral paper and poster prizes that were travel grants sponsored generously from the SSO YO committee. The YO judges who worked hard to observe and grade each individual presentation were Dr Anna Tan, Dr Kelvin Teo, Dr Pear Pongsachareonnont and Dr Thanapong Somkijrunroj. The prizes were presented at the end of the successful conference to the 4 winners.



13th Asia-Pacific Vitreo-Retina Society Congress (APVRS), 22 – 24 November 2019

The 2nd YO Symposium held during the 13th APVRS Congress in Shanghai, China was made possible with the support from renowned ophthalmologists Prof Li Xiao Xing and Prof Yu Su-Qin. Young retinal specialists from both China and the Asia-Pacific region undertook the organization of the symposium and the winners for the best case presentations were picked by a panel of judges namely Dr K Bailey Freund, Prof Won Ki Li, Prof Yu Su Qin, Dr Doric Wong and Dr Jennifer Miele, with the prizes generously sponsored by Bayer and the Singapore Society of Ophthalmology YO Chapter. A breakfast networking social session took place after the symposium where fellow YOs got the opportunity to make new friends and renewed old ties.

The symposium program differed from the previous years and was based on a retinal quiz qualifying round where the best 3 contestants competed in the final round for “Retinal Jeopardy”. Almost all the YOs in the audience participated in this quiz. There were 18 cases and 7 videos submitted by YOs from 6 different countries in the Asia-Pacific region. 4 case presentation finalists and 2 video presentation finalists were chosen with invitations to present during the symposium and 3 winners were chosen and presented with prizes and travel grants. The response to this 2nd YO symposium was overwhelming.

At the upcoming 14th Congress of APVRS in Taiwan this year, we intend to organize a similar symposium, and also form collaborations with similar retinal YO societies around the world such as the EURETINA YO society. The positive response and overwhelming interest and support at the YO symposium from both the YOs and senior retinal specialists was what inspired the organizing committee to want to continue to organize this yearly YO symposium with the blessing of APVRS, and being recognized as a sub-committee would certainly help this initiative succeed.



APVRS YO Committee

Chair: Dr Anna Tan, Singapore

Co-Chair: Dr. Yang Xiao Lu, Shanghai First People's Hospital, China

Organising committee:

Dr. Yaoyao Sun, Peoples' Eye Center of Peking University, China

Dr. Tao Li, Zhong San Eye Center, China

Dr. Haicheng She, Beijing Tongren Hospital, China

Dr Adrian Fung, Australia

Dr Marcus Ang, Singapore



SSO Young Ophthalmologists Night 2019, 20 November 2019

The 2019 YO night paid tribute to our senior ophthalmologists who have served as inspiring role models for our YOs. Voted by our YOs, Dr Wong Hon Tym, Prof Gopal Lingam, Dr Aliza Jap and Dr Jod Mehta received the inspiring mentors award. We welcomed our new YO mentors Dr Doric Wong, Prof Gopal Lingam, A/Prof Adrian Koh and Dr Lim Su Ann, who kept the crowd entertained with a very candid sharing session of funny anecdotes and pearls of wisdom from their days as YOs. This was followed by our first ever inter-institution, ophthalmology inspired charades competition that had everyone on the edge of the seats.



SSO YO Leadership Development Program (LDP) – 2019 to 2020

In 2019, the SSO YO Chapter also launched our very own SSO YO Leadership Development Program. Candidates identified as potential future leaders in Ophthalmology from various hospitals were nominated by their training directors. The program supported by Carl Zeiss Singapore was conducted by faculty from Singapore University of Social Sciences to impart leadership and management skills that are not usually taught during Residency.



Adj Assoc Prof Lee Shu Yen
President

Dr Gavin Tan
Secretary

Date: 11 March 2020

Society of Ophthalmology of the Singapore Medical Association
Statement of Income and Expenditure for January 2019 - December 2019

Date	Opening Balance	
	Society of Ophthalmology Bank account	\$ 297,098.29
1/1/2019	Total	\$ 297,098.29

Expenditure

SSO

Account Fee for SSO's account with DBS Bank (2019)	\$ 40.00
Co-payment of College - SSO New Year Dinner @ The Garage Botanico in 2018	\$ 4,884.55
Annual Subscription fees for Asia-Pacific Academy of Ophthalmology (APAO) for 2019 & 2020	\$ 337.86
Taxi claims (Site recce for College - SSO New Year Dinner)	\$ 40.80
Gift for Prof Yao Ke, President of Chinese Ophthalmological Society on the successful organisation of the 23 rd Congress of Chinese Ophthalmological Society	\$ 154.05
Postage cost for SSO Cheque Book from DBS Bank	\$ 3.20
Web hosting & maintenance for SSO Website (10 Feb 2019 - 9 Feb 2020)	\$ 1,030.00
Annual Dues for International Council of Ophthalmology (256 members @ 3 CHF per member)	\$ 1,288.37
SSO Annual General Meeting at Tampopo Loft on 23 August 2019	\$ 5,000.00
Taxi claim (SSO AGM)	\$ 44.65
SSO Website Maintenance	\$ 1,030.00
Bank charges for retrieval of Jan 2019 statement	\$ 20.00
Cheque Fee (DBS Bank)	\$ 9.00

Sub Total \$ 13,882.48

SSO YO Chapter (formalized in May 2017)

SSO Young Ophthalmologist Night, 2 Nov 2018

SSO YO Award - 'Ophthalmology in Black & White' - Dr Sandy Zhou, TTSH	\$ 500.00
SSO YO Award - 'Art in Ophthalmology : The Window of Soul' - Dr Daniel Chin, TTSH	\$ 500.00
SSO YO Award - 'My Worst Call in Ophthalmology' - Dr Preethi Jayabal - NUH	\$ 500.00

12th Asia-Pacific Vitreo-Retina Society (APVRS) Congress, 14 - 16 Dec 2018, Seoul

Framing of paintings for top 3 winners of YO symposium case presentation competition	\$ 270.00
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34th APAO Congress 2019, 6 - 9 March 2019, Bangkok

Expenses for dinner with YO leaders	\$ 1,968.00
Expenses for dinner with regional young ophthalmologists and SSO YO Exco members	\$ 3,020.62
#APAOYO most liked winner - Dr Pakornkit Phrueksaudomchai (US\$300 + bank charges for remittance)	\$ 473.97
SSO YO Award - Dr Rina La Distia Nora (US\$500 + bank charges for remittance)	\$ 746.33
SSO YO Award - Dr Su Xinyi (US\$500)	\$ 677.21

Visually Impaired Sports Awareness Week, June 2019

Sponsorship of airfare for visually impaired laser shooting athlete & coach for laser shooting demonstration in Singapore (KL - Sin - KL)	\$ 395.06
Sponsorship of accommodation for visually impaired laser shooting athlete & coach for laser shooting demonstration in Singapore	\$ 903.96
Printing of 150 copies of event booklet for distribution to participants	\$ 535.00
Design fee and print production of publicity flyers and mock cheque	\$ 2,750.00

YO Gathering and introduction of Year 1 Residents, 5 July 2019

Expenses for dinner and drinks	\$ 1,804.90
Taxi claim	\$ 10.60

Society of Ophthalmology of the Singapore Medical Association
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4th Congress of Asean Ophthalmology Society, 7 - 8 Nov 2019, Cambodia

Cash prizes for travel grants (Total US\$700 - 3 x poster presentation prizes and 1 x free paper presentation prize)	\$	952.70
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SSO Young Ophthalmologist Night 2019, 20 Nov 2019

Expenses incurred for event at Atout	\$	7,554.57
Expenses incurred for drinks at Maduro	\$	1,100.00
Purchase of 8 bottles of wine	\$	256.00
Customisation of mugs for presentation to outgoing SSO YO mentors and winners of Inspiring Mentor Award	\$	143.21

13th APVRS Congress, 22 - 24 Nov 2019, Shanghai

Cash prizes for travel grants (US\$250 x 2 prizes)	\$	686.05
F&B charges for YO Networking Breakfast Symposium (US\$1971.60)	\$	2,755.93

Sub Total **\$ 28,504.11**

Mobile Eye Clinic

Fengshan CC & Tembusu Senior Activity Centre

Top-up consultation charges for 3 needy elderly seen at SNEC in Aug 2018 (Charged private rates as they do not have CHAS or polyclinic referral letters)	\$	236.00
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Paya Lebar Wellness Centre

Ang Pow for 18 elderly (follow-up at SNEC@SKH in Mar & Apr 2019)	\$	1,440.00
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Sub Total **\$ 1,676.00**

35th Singapore-Malaysia Joint Meeting in Ophthalmology in conjunction with 1st Asia-Pacific Ocular Imaging Society Meeting, 17 - 19 January 2020

Purchase of image from Shutterstock for publicity poster	\$	67.14
Develop and creation of meeting website	\$	4,550.00
Meeting website maintenance (29 Jul 2019 - 29 Jan 2020)	\$	2,100.00
Design fee and print production of publicity materials (YO2020 logo, YO2020 programme e-poster, meeting poster and save the date powerpoint slide)	\$	2,000.00
Print production of YO2020 A2 poster	\$	45.00
Deposit payment for faculty dinner at Red House Seafood Restaurant	\$	3,000.00

Sub Total **\$ 11,762.14**

Income

Surplus from APAO Congress 2017	\$	79,596.62
Sponsorship for 13th APVRS Congress YO activities (Bayer Singapore)	\$	5,000.00
Sponsorship of SSO YO Chapter (Santen)	\$	15,000.00
Sponsorship for 32nd APACRS Meeting in Kyoto (Dr David Chan)	\$	3,830.00

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**35th Singapore-Malaysia Joint Meeting in Ophthalmology in conjunction with
1st Asia-Pacific Ocular Imaging Society Meeting**

Testing of payment received for online registration through paypal portal	\$ 0.29
Registration fees	\$ 7,430.37
Platinum Sponsorship Package (Topcon Singapore)	\$ 10,000.00
Platinum Sponsorship Package (Johnson & Johnson / AMO)	\$ 10,000.00
Silver Sponsorship Package (Santen)	\$ 10,000.00
Exhibition booth (Charles Wembley / Heidelberg Engineering)	\$ 2,500.00
Exhibition booth (Ophthalmic Instruments Pte Ltd)	\$ 10,000.00
Exhibition booth (Carl Zeiss Pte Ltd)	\$ 5,000.00
Purchase of 2 x additional exhibitor badge (Mandarin Opto-Medic Co Ltd)	\$ 300.00
Purchase of 2 x additional exhibitor badge (Surgipro Pte Ltd)	\$ 300.00
Purchase of additional exhibitor badge (Nidek Singapore Pte Ltd)	\$ 150.00

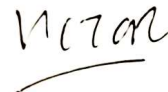
\$ 159,107.28

Closing Balance as at 31 December 2019

Society of Ophthalmology Bank account	400,380.84
31/12/2019 Total	\$ 400,380.84



Assoc Prof Marcus Ang
Treasurer



Dr Victor Koh
Auditor