

# HIGHLIGHTS

## From the Honorary Secretary

Report by Clinical Asst  
Prof Benny Loo Kai Guo

Dr Loo is a paediatrician in public service with special interest in sport and exercise medicine. He serves to see the smiles on every child and athlete, and he looks forward to the company of his wife and children at the end of every day.



### Fitness to Drive – TP-LTA combined medical examination form

Over the years, SMA has assisted the Traffic Police (TP) and Land Transport Authority (LTA) regarding Fitness to Drive matters, producing the SMA Fitness to Drive guidelines to help doctors in assessing a driver's fitness to drive a vehicle.

The TP and LTA recently developed the Harmonised Medical Examination Report, a digital form that enables doctors to submit reports for vocational licence holders and recreational drivers to both authorities at one go. SMA sent an email blast to Members on 27 January 2026 highlighting a feedback survey conducted by TP and LTA on the Harmonised Medical Examination Report.

A virtual question and answer engagement session was also jointly hosted on 10 December 2025 to address direct questions from medical doctors. It was a fruitful session with many pertinent questions and useful feedback for TP

and LTA to review. We thank SMA Members for their active participation.

We also wish to inform that the new submission process is now live, with effect from 2 February 2026.

For more details, please refer to the LTA press release at <https://bit.ly/4rxRUP5>.

### Guidance on disclosure of patient medical records to insurers

The Ministry of Health (MOH) has issued a circular on 9 January 2026. The circular provides guidance on the appropriate disclosure of patient medical records to insurers, to facilitate legitimate insurance processes while safeguarding medical confidentiality.

Please refer to this link for the circular: <https://bit.ly/3Orfe39>.

For queries regarding this circular, please contact MOH at [HCSA\\_Enquiries@moh.gov.sg](mailto:HCSA_Enquiries@moh.gov.sg). ◆