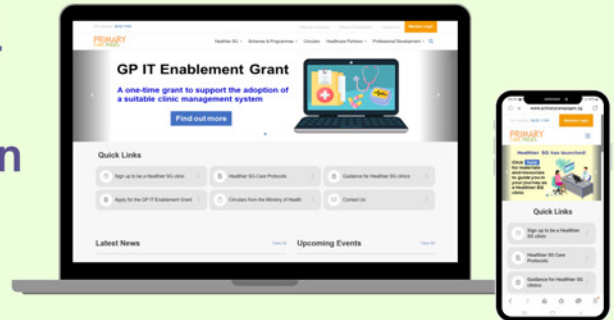




Primary Care Pages

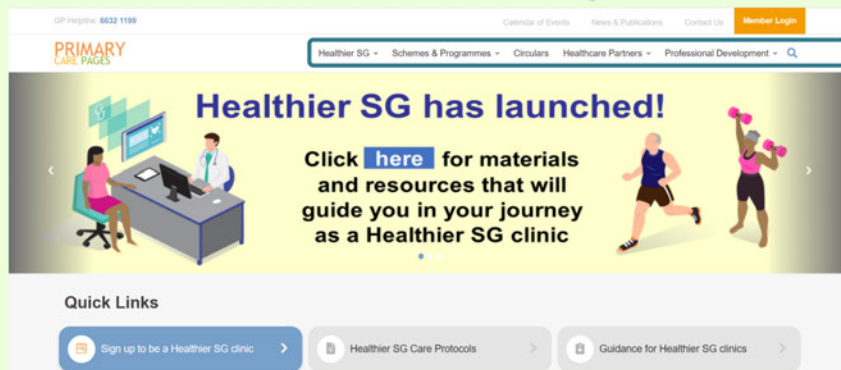
Enhanced functions and additional content to support national schemes and initiatives information and tools are just a click away!

by the Agency for Integrated Care



Primary Care Pages (www.primarycarepages.sg) is a one-stop online resource that provides family physicians with useful information about national schemes, continuing medical education events, Ministry of Health (MOH) circulars and more. With the launch of Healthier SG, we gave the site a new look, enhanced functions and additional content to better serve the needs of GPs.

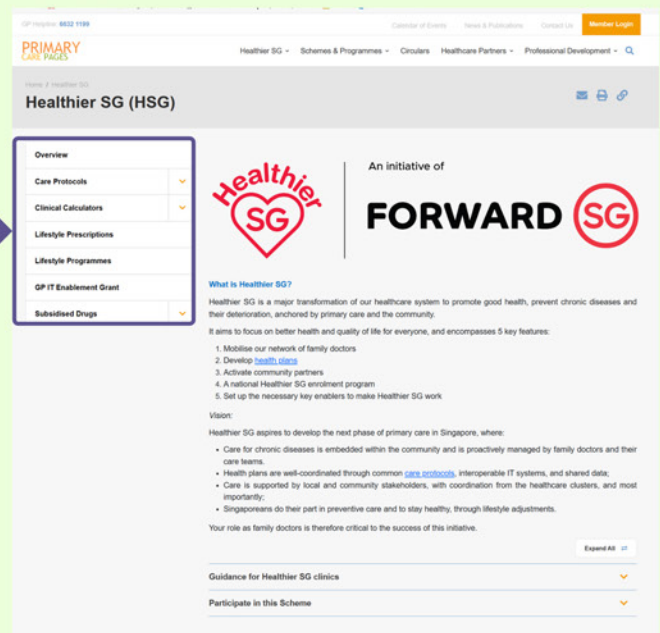
General Enhancements to the Home Page



- Frequently viewed topics were added to the primary navigation bar for easy reference
- The search function next to the navigation bar enables users to search the site for specific content

Dedicated section to support the launch of Healthier SG

- Protocols for common chronic conditions and preventive care situations
- Calculators to help evaluate a patient's risk of developing cardiovascular disease and foot ulcers
- Information to help patients develop positive lifestyle habits in between consultations
- Information on grants relating to Healthier SG
- Information on subsidised drugs and the Healthier SG Chronic Tier



Healthier SG Care Protocols

A total of 12 care protocols have been developed for the launch of Healthier SG. They cover recommended health screenings, medications, lifestyle adjustments, and escalation to specialist and acute care when necessary. MOH will progressively develop care protocols for the other Chronic Disease Management Programme (CDMP) conditions over time.

The screenshot shows the 'Body Mass Index (BMI) Control' page on the Primary Care Pages website. The page is structured as follows:

- Overview:** Last updated on 18 December 2023.
- Background:** Section for background information.
- Clinical Approach:** Section for clinical approach.
- Measurement and Definition of Body Mass Index (BMI):**
 - 1. Measure BMI routinely. Definition of BMI = Weight (kg)/Height (m) X Height (m)
 - BMI cut-off points in Asians
 - 2. Consider measuring waist circumference
- Clinical Assessment:**
 - Through a focused history, physical examination, and investigations:
 - 1. Identify possible causes of obesity
 - 2. Assess risk factors
 - Presence of metabolic syndrome
 - 10-year Coronary Arter Disease (CAD) risk score
 - 3. Complications associated with obesity
- Definition of Metabolic Syndrome:**
 - Metabolic syndrome is defined as the presence of any three out of the following five traits:
- Table 1: Traits of Metabolic Syndrome**

No.	Traits	Description
1	Abdominal obesity	Waist circumference of ≥90 cm in men and ≥80 cm in females (Asian cut-offs)
2	Triglycerides	≥1.7 mmol/L (150mg/dL)
3	High Density Lipoprotein-Cholesterol (HDL-Cholesterol)	≤1.0 mmol/L (38 mg/dL) in men or ≤1.3 mmol/L (50 mg/dL) in women
4	Blood pressure	≥130/85 mmHg or on treatment for hypertension
5	Fasting plasma glucose	≥6.1 mmol/L (110 mg/dL) or on treatment for diabetes mellitus
- Treatment Goals:**
 - For Asians with BMI of ≥23 kg/m² and/or high-risk waist circumference, introduce the following where applicable:
 - 1. Reduce body weight by 5 to 10% over 6 to 12 months
 - 2. Therapy: diet, exercise
- Management, Data Submission, and References:** Collapsible sections for further details.

- Enables user to email the page to a contact, print the information on the page or copy the page link

- Protocols will be updated regularly. Date of last update will be displayed at the top of each protocol for reference
- Preventive and chronic care protocols will consist of the following sections:
 - Background
 - Clinical Approach
 - Management
 - Data Submission
 - References

The Data Submission section will provide information on the fields that need to be submitted using the care-reporting function of a Healthier SG-compatible CMS.

- A pop-up with additional content will appear when the icon is clicked

Enhancement to the circulars repository

- Search function to help locate relevant content among the increasing number of circulars

Visit www.primarycarepages.sg to check out the enhanced functions. Certain restricted content may require member account creation.

The screenshot shows the 'Circulars' page on the Primary Care Pages website. It includes a search bar with a search button and a list of circulars:

- JAN 04 2024:** Eligibility Criteria and Payment Arrangements for the Chronic Enrolment... (MH 17-2140)
- NOV 30 2023:** Permanent Extension of Community Health Assist Scheme Chronic Subsidy and... (MH 16-2711, MOH Finance Circular Minute No. 51(p)2023)
- NOV 21 2023:** Update in Dosage for Primary Series and Booster/Additional Dose of... (Addendum to Circular 76(2)3 COVID-19 Vaccination Updates)
- NOV 07 2023:** Healthier SG Whitelist and Related Matters (MH 17-2140, MOH Finance Circular Minute No. 49(2)2023)
- OCT 28 2023:** COVID-19 Vaccination Updates: Recommendations on the use of the... (MOH Circular 76(2)3)
- OCT 13 2023:** Advisory on Community Palliative Care Services (Inpatient Hospice Palliative Car... (MOH Circular No. 73(2)23 Refer also to How to refer a patient for Palliative Care in the Community)