

HIGHLIGHTS

From the Honorary Secretary

Report by Dr Ng Chew Lip

SMJ is going paperless

With the ease of Internet access, demand for hard copies of the *Singapore Medical Journal (SMJ)* has decreased significantly over the years. Coupled with escalating costs and ongoing efforts to reduce our carbon footprint, the *SMJ* Editorial Board, in consultation with the SMA Council, has made the decision to stop hard copy printing and mailing from 1 January 2023. The journal and its monthly continuing medical education quizzes remain accessible online. SMA Members can continue to read and download all *SMJ* articles at <https://journals.lww.com/SMJ>. For enquiries, please email smj@sma.org.sg.

Dr Ng is an ENT consultant in public service. After a day of doctoring and cajoling the kids at home to finish their food, his idea of relaxation is watching a drama serial with his lovely wife and occasionally throwing some paint on a canvas.



Retention periods of medical records amendments

The Ministry of Health (MOH) has amended the National Guidelines for retention periods of medical records in July 2022.

Please refer to Annex B of the original document from MOH for the detailed breakdown of the "before and after" changes, including the legal requirements and rationale for amendments. The document can be found at <http://bit.ly/3VCbKZG>.

Should you require any further information or clarification, please email MOH at elis@moh.gov.sg. ♦

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Everyone has a tale to tell. Be it an anecdote of work or your musings on the medical world, we'd love to share your story.

Put your heartfelt thoughts into words and send it to news@sma.org.sg today!