HIGHLIGHTS From the Honorary Secretary

Report by Dr Ng Chew Lip

Dr Ng is an ENT consultant in public service. After a day of doctoring and cajoling the kids at home to finish their food, his idea of relaxation is watching a drama serial with his lovely wife and occasionally throwing some paint on a canvas.



An article on doctor burnout published in the *Straits Times* on 4 August 2021 cited an opinion article by *SMA News* editor and SMA Council member Dr Tina Tan printed in the May 2020 issue of *SMA News* (https://bit.ly/52050pinion2).

The *Straits Times* article can be viewed at https://bit.ly/2XoKyEY.

SMA Members who wish to seek psychological support can refer to the "Psychological Wellness and Support" section of our COVID-19 page at https://www.sma.org.sg/covid19.

MOH circular on Healthcare Cybersecurity Essentials

On 6 August 2021, MOH issued a circular (No. 105/2021) on Healthcare Cybersecurity Essentials, which sets out 12 recommendations for cybersecurity.

The circular can be viewed at https://bit.ly/37QQAAa. If you have queries relating to the circular, you can contact MOH at eLIS@moh.gov.sg.

Clarification on changes to six-monthly medical examination

We refer to the recent joint circular ("Changes to six-monthly medical examination for migrant domestic workers", MOH No. 104/2021 and MOM No. 08/2021) by the Ministry of Health (MOH) and Ministry of Manpower (MOM), issued on 5 August 2021.

SMA wrote to both MOH and MOM on 9 August 2021 to seek clarification on the changes to the requirements. College of Family Physicians Singapore (CFPS) and SMA representatives met with MOH and MOM on 20 August 2021. After obtaining clarifications, a joint CFPS-SMA advisory was issued on 28 August 2021 to help doctors with the transition to the new medical examination.

The advisory can be found at https://bit.ly/3h7LrJh.

Memorandum of Understanding with SG Cares to grow skillsbased volunteerism

SMA signed a Memorandum of Understanding (MOU) with the Ministry of Culture, Community and Youth's (MCCY) Singapore Cares (SG Cares) Office on 27 August 2021. We look forward to growing skills-based volunteerism within the medical sector.

The MOU was featured in a CNA news clip and can be viewed at: https://bit.ly/3ytmF7V. ◆



L to R: Dr Tan Yia Swam (President of SMA), Mr Edwin Tong (Minister for Culture, Community and Youth) and Dr Ang Hak Seng (Deputy Secretary of MCCY) at the MOU signing.